What If You Are Assaulted?

If the attacker is only after your purse or other valuables, don’t resist. Your life and safety are worth more than your possessions.

Make a conscious effort to get an accurate description of the attacker and call the police or sheriff immediately.

Contact your local victim assistance agency to help you deal with the trauma that all crime victims experience. They can help you learn more about counseling, victim compensation laws and how to follow your case’s progress.

Start a crime prevention program in your building or neighborhood. Turn your tragedy into a helping experience for others.

Don’t Be Conned

According to the American Association of Retired Persons (AARP) older citizens are victims of fraudulent schemes far out of proportion to their population numbers. Keep informed about the latest con schemes in your community by reading the newspaper. Be skeptical about any proposal that sounds too good to be true or has to be kept secret. Don’t rush into anything. Check it out with friends, lawyers, the police department, Better Business Bureau, and your state or county consumer affairs department.

Be especially wary of:

• “Get rich quick” schemes for which you have to put up “good faith” money.
• “Good deals” on expensive repair or home improvement jobs.
• Investments that promise unusually large returns.
• Someone claiming you owe money for an item ordered by a deceased spouse or relative.
• Work at home schemes, door-to-door sales, supplemental Medicare insurance, miracle cures, glasses and hearing aids at bargain prices.
• If you are the victim of fraud, call the police immediately. You may be embarrassed because you were tricked, but your information is vital in catching the con artist and preventing others from being victimized.

Take Action – Today!

Staying active in your community will help you to feel safer, and help to make your neighborhood a better place to live.

• Join a Neighborhood, Apartment, or Window Watch, or Citizen Patrol.
• Become a foster grandparent or block parent for children who may need help in an emergency.
• If a friend has been victim of crime, be supportive. Listen carefully and non-judgmentally, cook a meal, help repair damage or replace belongings. Accompany the victim to the police station and to court.
• Volunteer for a local Court Watch to help make courts more responsive to citizen needs.
• Ask the crime prevention officer from your local law enforcement agency to talk to your senior citizens’ group.

### When You’re Out

- If you must carry a purse, hold it close to your body. Don’t dangle it.
- Never carry a wallet in your back pocket. Put it in an inside jacket pocket or front pocket.
- Make sure someone knows where you’re going and when you expect to return.
- Avoid dark, deserted routes, even if they’re the shortest.
- Whenever possible, travel with friends to stores, the bank, or the doctor. Check senior citizen center about escort services.
- When using the bus or other public transportation, sit near the driver if possible.
- Don’t overburden yourself with packages and groceries that obstruct your view and make it hard to react.

### Protect Your Money

- If you receive checks in the mail regularly, arrange for them to be sent directly to the bank instead.
- Avoid carrying large sums of money. If you must take a large sum, have a friend accompany you.
- Don’t sign a check or contract until you’re sure it’s for a legitimate reason and know the details. Check with a friend, lawyers, or police officer if in doubt.
- Don’t display large amounts of cash in stores or other public places.
- Never put your purse or wallet on a counter while you examine merchandise in a store.

### When You’re At Home

- Use deadbolt locks on all exterior doors. Keep your doors locked at all times, even when you’re inside.
- Never let strangers in your home without checking their identification. Call their company if you’re not sure. Install a peephole in your door and use it.
- Make your home appear occupied when you go out by using a timer to turn on lights and a radio.
- Get to know your neighbors and keep their phone numbers handy for emergencies.
- Work out a “buddy” system with a friend to check on each other daily.
- Protect windows and sliding glass doors with good locks or other security devices.
- Don’t hide extra house keys under a doormat or other obvious spots.
- If you live alone, don’t advertise it. Use only your first initial in phone books, directories, and apartment lobbies.

Engrave your valuables with a unique identification number recommended by the police. Local youth groups may provide this service free to seniors. Keep bonds, stock certificates, seldom worn jewelry, and stamp and coin collections in a safe deposit box.